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Our mission is to provide holistic programs to empower adults with intellectual and developmental disabilities to enhance their quality of life and independence.

We work with individuals with a wide variety of disabilities find a new level of independence by enhancing and expanding their current skill level. For those that are ready to enter the job market, we offer pre-employment skills training.

Through our Choral Program, Dance Workshops, and Social Enrichment Activities, we strive to create an environment where our friends in the disability community know they are valued, loved, and respected. These programs provide opportunities to build friendships while participating in fun, positive activities— all of which help in battling social isolation and loneliness.